



THE **BOW**
FOOD & DRINK XPERIENCE

HALF BOARD



THE MENU INCLUDES (3 DISHES)

STARTER DISH (1 to choose)

MAIN DISH (1 to choose)

DESSERT (1 to choose)

SALADS

CAESAR

Mix of seasonal lettuce, crunchy chicken, cherry tomato, crunchy onion, croutons and our caesar salad sauce.



ELBA SUNSET

Tender shoots of lettuce, boiled egg, carrot, onion, tomato, white asparagus, Sweetcorn, olives and tuna fish.



GOATS CHEESE

Tender shoots of lettuce, goats cheese, tomato, onion, cucumber and dried nuts with a honey and mustard vinaigrette.



BURRATA

Burrata salad with a tomato tartar, avocado and a basil infused romesco sauce.



SANDWICHES

Served with french fries

MIXED

The cooked ham and cheese classic three stories sandwich.



CLUB

Chicken, bacon, tomato and lettuce with cooked ham, mayonnaise and a fried egg.



VEGETABLE

Lettuce, tomato, cucumber, onion, avocado and mayonnaise.



WRAP

Bread wrap, chicken, avocado, lettuce and fresh coriander.



BURGERS

Served with french fries

ELBA SUNSET

125 gr of beef, cheddar cheese, bacon and fried egg with tomato and lettuce.



FRENCH

125 gr of beef, goats cheese, mushrooms and caramelized onion with tomato & lechuga.



ITALIAN

125 gr of beef, mozzarella cheese, parmesan, rocket and tomato with a basil mayonnaise.



MEXICAN

125 gr of veal, tender sprouts, tomatoes, guacamole, jalapeño, onions and Cheddar.



PIZZA

PROSCIUTTO

The cooked ham and cheese classic.



BOCCHERINI

Mozzarella cheese, roasted vegetables, tomato and fresh basil.



QUATTRO FORMAGGI

Mozzarella, pecorino, gorgonzola and provolone cheese.



BERNARDINI

Tomato sauce, brie cheese and Toscana ham.



PEPPERONI

Tomato sauce, parmesan cheese and salami.



MARGARITA

Tomato sauce and mozzarella cheese.



PASTAS

BOLOGNESE

Spaguetti, Penne, Tagliatelle.



CARBONARA

Spaguetti, Penne, Tagliatelle.



PASTA STUFFED WITH RICOTTA CHEESE AND PEARS



BOLOGNESE LASAGNA



CHICKEN WOK

Chicken, vegetables & noodles with an oyster sauce.



VEGETABLE WOK

Vegetables & noodles with an oyster sauce.



* RICE AND PAELLA

VEGETABLE



CHICKEN AND VEGETABLE



* Minimum 2 people

TO STAR OR TO SHARE

SALMOREJO

Traditional salmorejo tomato cream with Iberian ham shavings and grated egg.



SQUID

Fried andaluz style squid.



CROQUETTES

Iberian Ham croquettes (6 units)



KING PRAWN TEMPURA

With Kimuchi sauce.



CHICKEN WINGS

Baked in Josper oven with BBQ sauce.



COD SOLDIERS / FRIED FISH TEMPURA

With ali oli (mild garlic and olive oil sauce).



GRILLED VEGETABLES

Seasonal grilled vegetables grilled in our Josper charcoal oven with a romesco sauce.



NACHOS WITH GUACAMOLE



NEM RAN SPRING ROLLS

Nem meat spring rolls with a Vietnamese sauce.



FISH

SALMON

Salmon grilled with roasted vegetables and a sun dried tomato and basil vinaigrette.



SEA BREAM

Sea bream loin on season vegetables, orchard potatoes and light sweet garlic sauce.



MEATS

CHICKEN

Chicken breast marinated with chimichurri grilled in Josper oven with guacamole and nachos.



PORK RIBS

Slow roasted pork ribs with corn on the cob our special home made sauce.



ENTRECOT

Beef entrecot grilled in our Josper charcoal oven with piquillo peppes and homemade French fries.

BRAISED BEEF CHEEKS

Red wine braised beef cheeks with a tetilla cheese infused mashed potato.



DESSERTS

PINEAPPLE CARPACCIO WITH PISTACHIO ICE-CREAM



CHEESECAKE



CHOCOLATE COOLANT

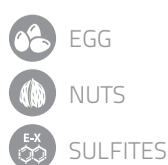


RICE PUDDING

Lactose - free milk.

FRUIT PLATE

ICE CREAM SUNDAE





ELBA SUNSET MALLORCA
THALASSO SPA HOTEL

