



THALASSO SPA PROGRAMS



ELBA
THALASSO
SPA

ELBA
THALASSO
SPA

SPA & THALASSOTHERAPY PROGRAMS



EASTERN ROUTE PROGRAM · 2 DAYS

2 Thalasso Spa Sessions (90 min./Session)

Balancing the body. A dream of serenity along the eastern route.

Sublime ritual that combines different modalities of eastern massage therapies, creating a unique experience. Fragrances and riches of the sea work together to achieve perfect harmony

1st DAY [

Peninsula bath (30 min.) and Indian head massage (50 min.)

2nd DAY [

Eastern ritual (100 min.) consisting of oriental aroma bath, peeling with oriental essence, and massage with hot sand pindas

PRICE 250,00€

PACIFIC OCEAN PROGRAM · 2 DÍAS

2 Thalasso Spa Sessions (90 min./Session)

Radiant face and body. Relaxation on a journey to the ends of the Earth.

Enjoy this magical ritual of the remineralizing power of algae and let yourself be carried away by gentle aromas, to achieve hydration and relaxation in the face and body

1st DAY [

Marine purity facial treatment (50 min.) and manicure or pedicure (30 min.)

2nd DAY [

Pacific islands ritual (100 min.) which consists of exotic bath, islands peeling, and relaxing massage with hot stones

PRICE 260,00€

ELBA THALASSO SPA

3 DAYS PROGRAMS

REJUVENATE PROGRAM · 3 DAYS

3 Gym Sessions and 3 Thalasso Circuits (90 min./Session)

The power of the sea. Source of vital energy.

Program that unifies all the benefits of the sea in a combination of marine strength and sensory delicacy, to combat the harmful effects of urban life

- | | |
|---------------------|--|
| 1 st DAY | Vichy shower with renewing essence scrub and hydration (60 min.) |
| 2 nd DAY | Seaweed wrap (50 min.) and full lymphatic drainage (50 min.) |
| 3 rd DAY | Rejuvenating facial - Spirulina boost (60 min.) |

PRICE 350,00€

ANTI-STRESS PROGRAM · 3 DAYS

3 Thalasso Circuits (90 min./Session)

Citrus ritual.

- | | |
|---------------------|---|
| 1 st DAY | Citrus peeling and energizing massage with quartz |
| 2 nd DAY | Mandarin bath (30 min.) and relaxing craniofacial massage (50 min.) |
| 3 rd DAY | Marine freshness facial (60 min.) and relaxing body massage (50 min.) |

PRICE 350,00€

ELBA THALASSO SPA

5 DAYS PROGRAMS

RENEWAL PROGRAM · 5 DAYS

5 Thalasso Circuits (90min./Session) and 5 Gym Sessions (60min./Session)

Escape, rest, and absolute recovery. The essence of the sea on your skin.

- | | |
|---------------------|--|
| 1 st DAY | Relaxing massage with aromatherapy (40 min.) and Spa pedicure (30 min.) |
| 2 nd DAY | Vichy shower with renewing salt flake peeling and hydration (60 min.) and Spa manicure (30 min.) |
| 3 rd DAY | Dead sea mud wrap (50 min.) and foot reflexology (30 min.) |
| 4 th DAY | Facial treatment (60 min.) and indian massage (50 min.) to rebalance energies |
| 5 th DAY | Firming body treatment (60 min.) |

PRICE 550,00€

ELBA THALASSO SPA



THERAPEUTIC/RHEUMATOLOGICAL/DERMATOLOGICAL · 7 DAYS

7 Thalasso Circuits (90min./Session) and 7 Gym Sessions (60min./Session)

1 st DAY	☐	Vichy shower with exfoliation and hydration
2 nd DAY	☐	Aromatic bath and therapeutic massage
3 rd DAY	☐	Body peeling with salts and mud wrap with hydration
4 th DAY	☐	Therapeutic massage
5 th DAY	☐	Algae wrap and lymphatic drainage
6 th DAY	☐	Body massage with hot stones
7 th DAY	☐	Localized therapeutic massage and foot reflexology

PRICE 850,00€