



OUR TREATMENTS



ELBA  
THALASSO  
SPA



### THE SEA, OUR INSPIRATION

Each Marine Caress is a unique experience to feel and enjoy with the 5 senses.

## THALASOTHERAPY

The Power of Seawater

- >> **RELAXING AROMA BATH** 20 min. .... 45€  
Relax in a lavender or orange blossom bubble bath.
- >> **EXOTIC BATH** 20 min. .... 45€  
Immerse yourself in waters rich in trace elements and marine minerals.
- >> **BATH WITH EXTRACTS** 30 min. .... 55€  
Hydromassage bath with underwater jet caressed by a moisturizing balm.
- >> **VICHY SHOWER** 50 min. .... 80€  
Manual massage under water spray with soothing and moisturizing effects.

## BODY TREATMENTS

RENEWED AND SMOOTH SKIN IN A MULTISENSORY TREATMENT

- >> **ISLAND PEELING** 30 min. .... 55€  
Exfoliation with sea salt, and nutrition with coconut and vegetal oils. Gently nourishes and exfoliates the skin.
- >> **SAND PEELING** 30 min. .... 55€  
Feel the grains of sand. This scrub will leave your skin smooth and radiant.
- >> **TONING PEELING** 30 min. .... 65€  
Immerse yourself in a garden of delicious Mediterranean aromas. Marvellous oils with trace elements travel along your body renewing the skin.



- >> **SWEET WRAP** 50 min. .... 70€  
Discover the power of smooth and hydrated skin and let yourself be seduced by a silky cream with sweet notes.
- >> **ALGAE WRAP** 50 min. .... 80€  
A velvety algae cream for the application of an ultra-remineralizing and reducing wrap. An ideal Thalassotherapy, detoxifying and with a slimming effect.
- >> **SEA MUD WRAP** 50 min. .... 80€  
Get infinitely smooth skin with mud, which provides necessary nutrients. It will make you discover a unique sensation of body relaxation.

#### BODY PAMPERING

- >> **LIGHT LEGS** 50 min. .... 85€  
After the exfoliation of the area to be treated, you will feel the pleasure of a wrap refreshing. Prolonged feeling of well-being for your legs Ending with massaging movements.
- >> **FIRMING BODY** 60 min. .... 95€  
Through the exfoliation with marine extracts & the fresh wrap designed to reaffirm the skin, the tissues will be tightened.
- >> **ANTI-CELLULITE BODY** 80 min. .... 120€  
Treatment that helps prevent, reduce and correct cellulite through a detoxifying peeling, thermo-sculpting wrap and enveloping maneuvers.

#### BOOK YOUR TIME

Our professionals will advise you and will be able to prepare your personalized program, according to your needs or preferences, you just have to think about it and we make it possible. We offer the possibility of buying 5 or 10 vouchers with treatment sessions. Check discounts. Prices with VAT included.



## FACIAL TREATMENTS

Dazzling, Rejuvenated and Radiant

- >> **MARINE PURITY** 60 min. .... 85€  
A moisturizing treatment to mineralize and strengthen the skin. The skin regains all its radiance.
- >> **MEN'S ILLUMINATING** 60 min. .... 85€  
Enriched masculine treatment. An extra contribution of youth and regeneration of skin sensitized by daily stress and shaving. Your skin regains its balance.
- >> **MARINE FRESHNESS** 60 min. .... 95€  
Veil of softness to hydrate hyper-sensitive or reddened skin. Synergy of marine extracts and oils to soothe and nourish the skin. Sensation of freshness and calm.
- >> **REJUVENATING WOMAN** 60 min. .... 105€  
Treatment to smooth first wrinkles, sublimate the complexion and fight against the harmful effects of urban life.
- >> **ANTI-AGING** 90 min. .... 130€  
Luxury treatment, anti-aging care, which fills in and smoothes wrinkles. The ideal alliance between a peeling, a powerful anti-aging serum and a smoothing mask.

### FLASH FACIAL TREATMENTS

- >> **FACE & EYE CONTOUR** 30 min. .... 65€  
Express treatment to instantly achieve radiant skin & look. An extra contribution of luminosity and hydration.

## MASSAGES & THERAPIES

A TRIP OF RELAXATION AND WELLNESS

- >> **RELAXING MESSAGE**  
Let yourself be pampered and discover the new aromas and sensations that will transport you towards a journey of disconnection in body and mind.  
25 min. with aromatherapy ..... 50€  
40 min. with essential oils or aromatherapy ..... 65€  
50 min. with essential oils or aromatherapy ..... 75€
- >> **THERAPEUTIC MESSAGE** 50 min. .... 80€  
With essential oils or aromatherapy. Release of muscular hypertension.



- >> **LOCAL** 25 min. / **COMPLETE LYMPHATIC DRAINAGE** 50 min. .... 50€ / 80€  
Massage with soft and slow pumps, which help rebalance circulation body's blood and lymph.

#### HARMONY & RELAX EXPERIENCES

- >> **MASSAGE WITH VOLCANIC STONES** 50 min. .... 80€  
Deep escape that invites relaxation and well-being through manual massage and imposition of hot stones, their volcanic power makes vital energy flow.
- >> **HINDU CRANIAL MASSAGE** 50 min. .... 80€  
Ancient relaxation technique, which focuses its massage on the shoulders, upper arms, neck and head. Its multiple benefits on a physical, mental and emotional level make you enjoy a serene mind.
- >> **CALIFORNIAN MASSAGE** 50 min. .... 80€  
This energetic massage rebalances the inner energies. Hot oils are accompanied by friction, percussion and deep smoothing to revitalize body and mind.
- >> **FOOT REFLEXOLOGY** 50 min. .... 80€  
Through the pressure reflex points of the foot are stimulated and it is achieved restore the correct flow of body energy and harmonize functions of the organism.

#### EXCLUSIVE EXPERIENCES

- >> **RELAXING MESSAGES WITH PINDAS** 50 min. .... 95€  
As if the gentle movement rocked you, enjoy this bag massage. Slow, enveloping and comforting movements, to provide a feeling of escape, rest and absolute relaxation.
- >> **HAWAIIAN LOMI-LOMI MASSAGE** 50 min. .... 95€  
A unique ritual, a Hawaiian dance. Hands and forearms sliding with the hot oil on your body, to reach a state of deep relaxation and reconnect with your being.



## THALASSO SPA RITUALS

Let yourself be enveloped by wonderful sensations

- >> **THALASSO SENSATIONS** ..... 95€  
Thalasso Spa Circuit 90 min. & Massage 50 min. Immerse yourself in our Thalasso & Spa and discover the sensations it offers the sea. Feel the power of the hands and the aroma on your body with a Relaxing Hindu Cranial Massage.
- >> **FORCE OF THE SEA RITUAL** ..... 120€  
Thalasso Spa Circuit 90 min. & Treatments 70 min. (Vichy Shower, 30 min. / Algae Wrap 40 min.). Ritual that unifies all the benefits of the sea in a combination of marine strength and sensory delicacy.
- >> **MARINE NUTRITION RITUAL – BODY & FACIAL** ..... 150€  
Thalasso Spa Circuit 90 min. / Las Islas Body Peeling (30 min.) & Intense Body Hydration / Marine Sweetness Facial (60 min.). A trip to paradise, skin wrapped in softness through a peeling toning & complete hydration. Body and face, delicately cared for.
- >> **ATLANTIC RITUAL** 120 min. .... 180€  
With this ritual inspired by lithotherapy, enjoy the revitalizing power of the sea, to recharge your body with vital energy.
  - Bath with Extracts.
  - Toning Peeling.
  - Energizing Massage.

## THALASSO RITUALS IN 2 DAYS

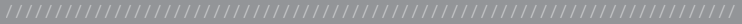
- >> **ANTI ESTRESS** ..... 280€  
A Dream of Serenity along the Eastern Route. Sublime ritual that combines different modalities of massage therapies oriental, generating a unique experience. Perfumes and riches of the sea act together to achieve harmony and balance in the body.
  - 2 Thalasso sessions (90 min./day).
  - Day 1 - Foot Reflexology Massage (30min) & Hindu Cranial Massage (40min).
  - Day 2 – Indian Ocean Ritual (120 min.) Relaxing Aroma Bath, Peeling, Indian Massage, Sweet Wrap.
- >> **GLOWING FACE AND BODY** ..... 280€  
Relaxation on a trip to the ends of the world. Enjoy in this magical ritual of the Algae and let yourself be carried away by soft aromas, to reach hydration and relaxation in face and body.
  - 2 Thalasso Spa Sessions (90 min./day).
  - Day 1 - Marine Purity Facial Treatment (50 min.) and Vichy Shower (30 min.).
  - Day 2 - Pacific Ritual (120 min.) consisting of Exotic Algae Bath, Las Islas Peeling and Relaxing Massage with Pindas.



## THALASSO ACCESSES

- >> **THALASSO CIRCUIT** 90 min. .... 35€  
90 minutes of authentic therapy with freshly extracted seawater from the Mediterranean for your health and well-being. On our tour you can enjoy: Seawater pool with bubble beds and jets, experience showers, jacuzzi, counter-current swimming pool, pebble footbath, hammam, sauna, Roman bath, laconium, igloo, relaxation room and two outdoor patios to relax.
- >> **THALASSO CIRCUIT PREMIUM** ..... 65€  
A Sea of Sensations. Our therapist will exfoliate your entire body, thus multiplying the therapeutic capacity of seawater.

## VOUCHERS



- >> **GASTRONOMY & WELLNESS** ..... 100€/pax. | 115€/pax. (drinks included)  
90 minutes Thalasso Circuit, 20 minutes Relaxing Massage and Lunch or Dinner.
- >> **SPECIAL WELLNESS** ..... 65€/pax. (2 drinks included + coffee per person)  
90 minutes Thalasso Circuit and Lunch or Dinner.



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